



**SAVE THE PLANET - GO GREEN!**

## ERAMUS+ PROJECT KA219 “LEARN 4LIFE: ACTIVE AND RESPONSIBLE CITIZENSHIP”

Do you care about the environment? Do you do enough to protect it?

Here is a list of things you can do to help to save our planet:

**Reduce**

**Reuse**

**Recycle**

**Now it's  
our  
turn!!!**



1. SORT YOUR WASTE AND PUT THINGS IN THE RIGHT BIN.
2. REUSE THINGS OR GIVE THEM TO THOSE WHO ARE IN NEED.
3. BUY LOCAL PRODUCTS AND THINGS THAT HAVE LESS PACKAGING IN ORDER TO PRODUCE LESS WASTE.
4. WHEN YOU GO SHOPPING CHOOSE ITEMS THAT HAVE THE ECOLABEL OR BIO BRAND.
5. REUSE YOUR SHOPPER BAGS TO TAKE YOUR SHOPPING HOME.
6. TURN OFF THE WATER TAP WHEN YOU BRUSH YOUR TEETH.
7. TAKE A QUICK SHOWER INSTEAD OF A BATH.
8. TURN THE LIGHTS OFF WHEN YOU LEAVE THE ROOM.
9. DON'T LEAVE YOUR COMPUTER OR TV ON WHEN YOU ARE NOT USING THEM.
10. BUY HIGH EFFICIENCY HOUSEHOLD APPLIANCES.
11. KEEP THE ROOM TEMPERATURE SET AT 18°C AND USE THE AIR CONDITIONER ON ONLY WHEN NEEDED.
12. USE AS LITTLE SOAP AND DETERGENTS AS POSSIBLE.
13. TURN THE WASHING-MACHINE OR THE DISH-WASHER ON ONLY AT FULL LOAD.
14. USE LOW ENERGY LIGHT BULBS.
15. WALK OR RIDE A BIKE WHENEVER YOU CAN OR TAKE THE BUS.
16. AND THEN... TRY TO BE HAPPY WITH WHAT YOU HAVE... WE CAN ALL BE BETTER TOGETHER IF EVERY ONE OF US RENOUNCES TO SOMETHING.
17. SUPPORT QUALITY OF LIFE RATHER THAN CONSUMERISM.